



Sahayam – *A One Stop Intervention Centre for Emotional Enrichment*

AURA READING & ITS USAGES

Aura Reading in Sahayam

We at Sahayam have a vast experience of over 17 years in Aura Reading and successfully using it as a tool for enhancing one's capabilities in personal and professional life; as also using it to address physical, mental and emotional issues of concern.

What is Aura

Every living being has multiple layers of energy fields interpenetrating and overlapping the physical body. They are referred to as bodies/koshas. The etheric energy field that first interpenetrates the physical body is commonly referred to as the Aura . This field can neither be created nor destroyed. Aura is just a sea of energy that is continually flowing through the meridians and being regulated and channelized through the various chakras. Chakras are whirling energy centres. The smoothness and continuity in the energy flow defines the holistic health of an individual. The flow of the energy may be affected by negativity in the form of thoughts or emotions. The energy field also consists of certain entities and elementals. Entities are simple beings in the energy world while elementals are semi developed beings such as gnomes and salamanders. The negative entities and elementals in an individual's energy field, cause contamination and blockages. This affects his/ her thought processes and the emotions. Prolonged stagnation of these may result in serious ailments/ emotional distress/ strained interpersonal relationships and personality issues.

What is Aura Reading

The process of reading the aura is called Aura scanning. Scanning is sensing the energy field – the meridians and the chakras and identifying their state. This process may be performed direct face to face or in a distant manner. The principles behind this process are:

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- a) We are all connected by the medium of energy.
- b) Energy follows thought.

Based on these two principles, one with adequate training and practice develops the skill to scan the aura, identify, diagnose and rectify.

Benefits of Aura Reading

Aura reading is helpful in identifying physical ailments, buried unresolved emotions that are blocks to progress, emotional distress and energy blocks not yet manifested in the physical body but present in the energy field. On identification, the individual may be able to accurately work on those areas of his thought processes/belief systems/ method of expressing his emotions by himself/ herself or with the help of a trained professional and thus enhance his/ her holistic performance and evolve to a higher plane of functioning, both in personal and professional life.

Usages

Aura reading may help in :

- a) Enhancing the overall wellness of a normal healthy person, as also further improving his/hers social and professional capabilities.
- b) Choosing the right person for a specific role.
- c) In analysing the employee better before an appraisal.
- d) In analysing and understanding an employee before termination.
- e) Any individual seeking self evolvment.
- f) Any individual, seemingly successful but perceives some unidentified blocks in his path.
- g) Individual who experiences interpersonal conflicts and unable to figure out the cause / solution for such issues.
- h) Relationship building.
- i) Enhancing marital harmony.
- j) Individuals suffering from unidentified/ serious illnesses.
- k) Individuals facing difficulty in career growth.
- l) This report will help anyone who is keen to understand his/ her

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own limitations in a better life and work towards betterment.

Personal Details Required to Read An Aura

1. Recent passport size colour photograph
2. Name
3. Age
4. Marital status
5. Residential address with pin code

Fee for One Aura Reading:

Rs.6500/- (Rupees Six Thousand Five Hundred Only)

This will include a soft copy of the Aura Report by email and one face to face follow up guidance session / telephonic consultation upto one hour, as per convenience of the client.